



# The Caring Café

**Are you a carer of someone living with dementia?**

Join us at our friendly Caring Café.  
The person you are caring for and other  
family members are also welcome.

This relaxed space offers a safe, supporting and confidential  
environment to meet other carers who are in a similar  
situation. It is also an opportunity to attend a Carers  
Support Group and receive information and advice  
from Crossroads Care.

Come along for coffee or lunch  
on the **1st and 3rd Saturday** of every month  
from **11.00am to 3.30pm**  
at **Sheen Lane Day Centre**

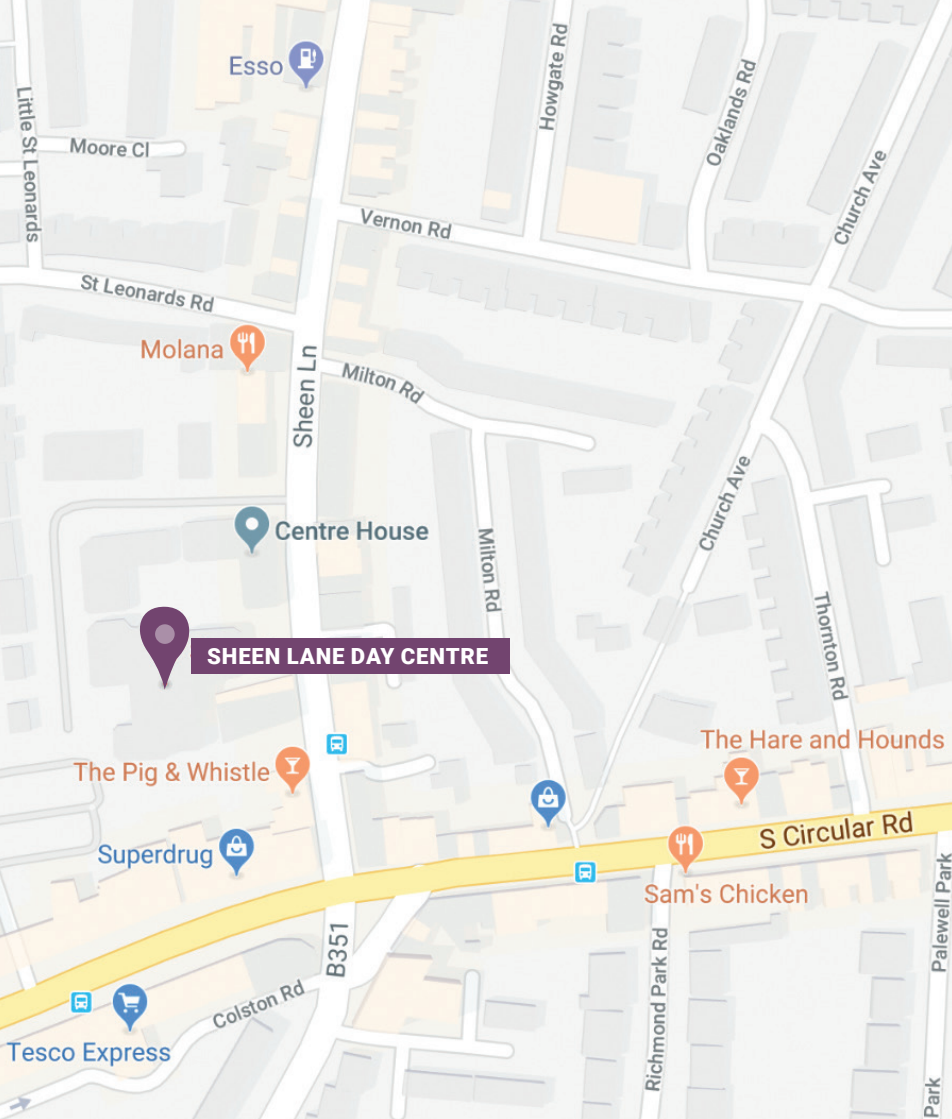
For more information, please contact  
**Crossroads Care Richmond  
and Kingston upon Thames**  
on **020 8943 9421**  
or email **info@crossroadscarerk.org.uk**  
**www.crossroadscarerk.org**



Donate to  
Crossroads Care

**CROSS  
ROADS  
CARE**  
Richmond & Kingston  
upon Thames





## Crossroads Care Richmond and Kingston upon Thames The Caring Café

**Location:** Sheen Lane Day Centre,  
74 Sheen Lane, Richmond, SW14 8LP

**Bus Routes:** 33, 347, 493

**Parking:** free car park adjacent to the Centre

**Train:** 10 minute walk to Mortlake Train Station



Supported by the London Borough of Richmond  
upon Thames, within the HUB service for Carers.

Registered Charity No. 1053224