



## Carers Café

## Are you a carer living locally?

Join us at our friendly Carers Café. The person you are caring for and former carers are also welcome.

This relaxed space offers a safe, supportive and confidential environment to meet other carers and share experiences. It is also an opportunity to receive up-to-date information and advice from Crossroads Care staff.

Pop in for a cup of tea or coffee and light lunch every **Thursday** from **12.30pm** to **2.30pm** at the **Hampton Hill Theatre (Playhouse)** 

For more information, please contact Crossroads Care Richmond and Kingston upon Thames on 020 8943 9421 or email info@crossroadscarerk.org.uk www.crossroadscarerk.org



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CROSS

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## Crossroads Care Richmond and Kingston upon Thames Carers Café

Location: The Hampton Hill Theatre (Playhouse), 90 High St, Hampton Hill, TW12 1NY

Bus Routes: R68, R70, 285

Parking: High Street and side streets, Taylor Close Car Park

Car Park: behind Sainsburys (up to 2 hours free parking)

