

## MEN WHO Care

## Are you a male Carer living in the London Borough of Richmond?

Join us at our monthly lunch sessions. Care/respite is available for the person you care for.

This relaxed male-focused social group offers a safe, supportive and confidential environment to meet other Carers who are in a similar situation. The groups provide friendship, specialist support and activities, and are an opportunity to receive relevant advice and up-to-date information from Crossroads Care.

Men Who Care runs monthly, usually on a weekday Lunch included Time (to be agreed by each group) Held at various locations. Initial meeting held at Crossroads Care Teddington Head Office

For more information, please contact Crossroads Care Richmond and Kingston upon Thames on 020 8943 9421 or email info@crossroadscarerk.org.uk www.crossroadscarerk.org







## Crossroads Care Richmond and Kingston upon Thames Men Who Care

Main location: Crossroads Care Teddington Head Office 1 Beverley Court, 26 Elmtree Road Teddington, Middlesex, TW11 8ST

Bus Routes: 33, 281, 285, 481, R68

Train: 10 minute walk to Teddington or Fulwell Train Stations

Supported by the Hampton Fund, Richmond Parish Lands Charity and The Barnes Fund.











Registered Charity No. 1053224