



MEN WHO *Care*

Are you a male Carer living in the London Borough of Richmond?

Join us at our monthly lunch sessions. Care/respite is available for the person you care for.

This relaxed male-focused social group offers a safe, supportive and confidential environment to meet other Carers who are in a similar situation. The groups provide friendship, specialist support and activities, and are an opportunity to receive relevant advice and up-to-date information from Crossroads Care.

Men Who Care runs monthly, usually on a weekday

Lunch included

Time (to be agreed by each group)

Held at various locations. Initial meeting held at Crossroads Care Teddington Head Office

For more information, please contact

Crossroads Care Richmond and Kingston upon Thames

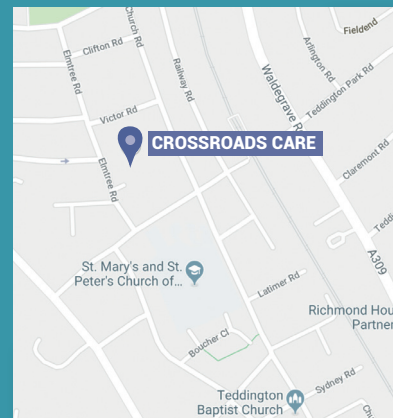
on 020 8943 9421

or email info@crossroadscarerark.org.uk

www.crossroadscarerark.org

**CROSS
ROADS
CARE**

**Richmond & Kingston
upon Thames**



Crossroads Care Richmond and Kingston upon Thames Men Who Care

Crossroads Care
Teddington Head Office
1 Beverley Court, 26 Elmtree Road
Teddington, Middlesex, TW11 8ST

Bus Routes: 33, 281, 285, 481, R68

Train: 10 minute walk to Teddington
or Fulwell Train Stations



Supported by Hampton Fuel Allotment Charity,
The Victoria Foundation and Richmond Parish Lands Charity

Registered Charity No. 1053224