

# CROSS ROADS CARE

Richmond & Kingston  
upon Thames



# The Caring Café

Are you a Carer of someone living with dementia?

Join us at our friendly Caring Café. The person you are caring for and other family members are also welcome.

This relaxed space offers a safe, supporting and confidential environment to meet other Carers who are in a similar situation. It is also an opportunity to attend a Carers Support Group and receive information and advice from Crossroads Care.

Come along for coffee or lunch  
on the **1st and 3rd Saturday** of every month  
from **11.00am to 3.30pm**  
at **Sheen Lane Day Centre**

For more information, please contact  
**Crossroads Care Richmond and Kingston upon Thames**  
on **020 8943 9421**  
or email [info@crossroadscarerk.org.uk](mailto:info@crossroadscarerk.org.uk)  
[www.crossroadscarerk.org](http://www.crossroadscarerk.org)



## Crossroads Care Richmond and Kingston upon Thames The Caring Café

**Location:** Sheen Lane Day Centre,  
74 Sheen Lane, Richmond, SW14 8LP

**Bus Routes:** 33, 347, 493

**Parking:** free car park adjacent to the Centre

**Train:** 10 minute walk to Mortlake Train Station



Supported by the London Borough of Richmond upon Thames, within the HUB service for Carers.

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